



Anti-Wrinkle Injections Aftercare Advice

Please take note of the enclosed information and follow the instructions carefully to ensure successful treatment.

Post - Treatment

- Injection site can become slightly red for 3-4 hours, if bruising occurs it may last a few days.
- Do not massage or rub the treated area for 48 hours, when cleansing your face rub very gently.
- Try to maintain an upright position for 8 hours i.e. don't lie on your side while watching TV or if possible, in bed. Try lie upright with pillows at night.
- Try to not bend forward for a prolonged period of time for the first 3-4 days.
- Try not to exert yourself for 3 days. Avoid heat treatments, swimming, massages, and excessive exercise for 1 week post treatment.
- No beauty or aesthetic treatments on treated area for 2 weeks.
- If the Botulinum Toxin spreads into other muscles, you may experience an unwanted change in the shape or position. You must contact your doctor for advice. You may require a review visit.
- If the skin around the injection site begins to swell or turn red, contact the clinic or doctor immediately.

Side Effects

- Bruising is rare but will fade in 5 -7 days.
- Dropped eyebrow may occur but is temporary.
- Headaches are also very rare but a side effect.

Following your aftercare advice instructions reduces the risk of adverse reactions. If you experience any adverse reactions, please contact your clinic immediately.