



Laser Hair Removal Aftercare Advice

Please take note of the enclosed information and follow the instructions carefully to ensure successful treatment.

Post - Treatment

- Area will be red/pink for a few hours and potentially sensitive and warm.
- Wear SPF 30 or above on exposed treatment areas during your course of treatments.
- Area treated will be cooled post treatment. Further cooling at home with cold compress will be required.
- Do not pluck or wax areas between treatments. Only shave area after 10 days.
- Avoid hot extremes for 24 - 48 hours post treatment such as sauna, steam room, hot baths etc.
- Avoid excessive exercise for 24 hours post treatment.
- Avoid using harsh products for a 7 days post treatment i.e. retinol, glycolic, facial scrubs, masks.
- Avoid other beauty or aesthetic treatments for 2 weeks on same area post laser.

Side Effects

Normal side effects can include redness, swelling especially around the hair follicle, erythema, pigmentation changes which can last for a few hours or up to a few days. If prone to cold sores treatments around lip area may trigger virus. Please take anti-viral medication to avoid breakout.

Adverse Reactions

Adverse reactions although rare but can occur include scarring, blistering, bruising, crusting, infection, hypopigmentation (lightening of the skin) and hyperpigmentation (darkening of the skin).

Following your aftercare advice instructions reduces the risk of adverse reactions. If you experience any adverse reactions, please contact your clinic immediately.