



BBL/IPL/ ICON 1540/M22/ Laser Vein Removal/Laser Pigmentation Aftercare Advice

Please take note of the enclosed information and follow the instructions carefully to ensure successful treatment.

Post - Treatment

- Generally post treatment, you will feel heat to the area treated, this will resolve within a few hours but can in some cases last 24 hours.
- Following your treatment, the area will be red and slightly swollen at least 24 - 48 hours especially around the eye area in some cases, this may last a few days. You may apply ice packs for the first few hours.
- Avoid hot extremes for the first week post treatment such as sauna, steam room, hot baths.
- Avoid excessive exercise for 24 - 48 hours post treatment.
- Use SPF 30+ on exposed areas treated daily during and after course of treatments.
- Avoid using harsh products or active ingredients for 7 days post treatment i.e. retinol, glycolic, AHA's etc.
- Skin and laser treatments to be avoided for 2 - 4 weeks post treatment.
- Make-up can be applied daily after treatment after BBL, IPL, LVR but approx. 2-3 days after 1540 or ResfurFX
- Please note with facial/neck areas redness normally lasts 48 hours but can persist for a few days. With other areas of the body redness can last longer - 2/4 weeks.
- Your skin may be dry or flaking during the first week after treatment. Apply moisturiser daily.

Side Effects

Normal side effects after my treatment can include redness, swelling, bronzing of the skin, puffiness, pigmentation changes, dryness and crusting to the area can last from a few days to a few weeks. Other normal side effects include swelling, redness, sensitivity, bruising, darkening of vessels, puffiness around the eye area, itchiness, sensitivity and discomfort.

Adverse Reactions

Adverse reactions although rare may occur such as blistering, scarring, crusting, hyperpigmentation, hypopigmentation, cold sore breakout, infection, indentation, scarring and break outs.

Following your aftercare advice instructions reduces the risk of adverse reactions. If you experience any adverse reactions, please contact your clinic immediately.