



Easy TCA/Pain Control/Only Touch /The Perfect Peel Aftercare Advice

Please take note of the enclosed information and follow the instructions carefully to ensure successful treatment.

- Please Note: You cannot have TCA Chemical Peel unless your skin is prepped correctly and you have aftercare products to avoid any adverse reactions or sensitivity

Post - Treatment

- Your skin will feel tight and hot for a few hours post treatment.
- Do not use water on the area treated for 24 hours.
- Gently wash the area in the morning and evening with warm water and your gentle cleanser.
- Apply Vit E cream or moisturiser and sun protection daily am/pm for 1 - 2 weeks post treatment.
- Do not pick or peel areas where skin is peeling as this can cause scarring.
- Avoid hot extremes for 1 week post treatment such as sauna, steam room, hot baths etc.
- Avoid excessive exercise for one week post treatment.
- Avoid any harsh products (retinol), scrubs, masks, for 2 - 4 weeks post treatment.
- Peeling will normally start on day 3. However, areas on the body may take longer to peel.
- Make-up can be worn daily.
- Ensure to attend your check-up 4 weeks after your treatment.
- It is recommended that you complete a course of 4 peels to achieve desired result.
- If you experience any adverse side effects, please contact the clinic immediately.

Side Effects

Normal side effects after treatment can include redness, tightening, flaking, sensitivity, swelling, itchiness, dryness, peeling or pigmentation changes, acne breakout or cold sores, breakouts.

Adverse Reactions

Adverse reactions although rare may occur such as scarring, blistering, crusting, infection, prolonged hypopigmentation or hyperpigmentation.

Only Touch Treatment

- Follow the above aftercare advice.
- If only treating sun spots or freckles the area will appear darker for 7 - 10 days. Shedding will happen naturally from day 7 - 14. Do not pick or peel the area as this may cause scarring.

Following your aftercare advice instructions reduces the risk of adverse reactions. If you experience any adverse reactions, please contact your clinic immediately.