



# **laser+skin** CLINICS

## Co2 Laser Resurfacing Aftercare Advice

### **Pre CO2 Advise**

- Remove eye lash extensions prior to treatment day.
- Avoid waxing, threading, or bleaching creams for 2 weeks prior to treatment.
- Stop all active skincare 2 weeks before treatment.
- Remove fake tan on the area to be treated.
- Buy a fresh tub of Vaseline prior to prior to treatment.

### **CO2 Post procedure Protocol**

#### **Day 1- The day of your treatment**

On the day of your treatment you will be given a post procedure kit containing gauze, normal saline and spatulas . Wash hands before cleaning your face or eyes. Clean the area with the gauze soaked in the normal saline. Follow this by applying a generous layer of vaseline to the eyes or face . Do not double dip the spatula into the Vaseline. Ensure that you have a clean cotton pillow case and that you tie your hair back , this prevents the hair from sticking to the vaseline at nighttime. Use Thermal spray as often as required. Do not let dogs/ cats lick your face !! The first day you may experience oozing of serous fluid and some bleeding; this is to be expected . Try to avoid touching your skin. Clean the area before bed . Start antibiotics and antivirals if prescribed.

#### **Day 2**

Your face / eyes will be red and swollen with some oozing and bleeding . Clean the area with gauze and normal saline , apply vaseline 3 times a day or as required . Continue with your antibiotics and antivirals . Clean pillow case for nighttime and tie hair back with a tie and headband .



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### **Day 3**

Oozing and bleeding will have stopped, and swelling and redness will still persist; continue cleaning with saline and applying Vaseline. Continue with your antibiotics .

### **Day 4**

You can now clean your skin with Obagi Gentle cleanser and apply Skinceutical Epidermal repair or Obagi Rebalance morning and evening . SPF must be worn daily, Skinceuticals daily defence. Continue using the above for 10 days.

We advise you that you avoid getting waxing, threading, eyebrow, eyelash tinting for 6 weeks post your CO2 .

### **Approved Home care post Co2**

1. Obagi Gentle Cleanser or Ultraceuticals Calming Cleanser
2. Obagi Rebalance Cream or Skinceuticals Epidermal Repair Cream
3. SkinCeuticalsDailyDefenceSPForImageSPF
4. Skinceuticals PhytoCorrective Gel

Following your aftercare advice instructions reduces the risk of adverse reactions. If you experience any adverse reactions, please contact your clinic immediately.